

Camp Anderson 2023: Parent Packet

This packet is designed to provide parents with the information you will need to make this summer at camp a success. Please take a moment before your child(ren)'s first day of camp to review the expectations, guidelines, and parameters of camp.

If you have any further questions about Camp Anderson, please contact Brianna Lopez (Camp Director) at campanderson@skagitymca.org or by calling the Y's Welcome Center at 360-336-9622.

General Camp Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Camp Anderson	Camp Anderson	Field Trip	Camp Anderson	Camp Anderson

Camp Program Objectives

The Skagit Valley Family YMCA builds strong kids, strong families, and strong communities. Our Y Camps are designed to help develop the four Y values of Caring, Honesty, Respect, and Responsibility in all of the youth who attend.

- **Caring:** Show sincere concern for others
- **Honesty:** Be truthful in what you say and do
- **Respect:** Treat each other as we'd all like to be treated
- **Responsibility:** Be accountable for your promises and actions

We incorporate these four principles into all the activities that take place during camp.

CAMP RULES

- Be respectful of self, others, and the environment.
- Be responsible for yourself and your things.
- Listen to fellow campers and camp staff.
- Campers are only allowed to throw rocks and sticks on certain, supervised, and approved occasions.
- Shoes (no sandals) must be worn in all times (except while swimming).

CAMPER CHECKLIST (things your camper should bring with them each day)

- Camp T-shirt (paid for at registration, given to child(ren) on first day of camp)
- Non-perishable sack lunch
 - Please send your camper(s) with a hearty lunch and snacks; camper(s) will be active all day and the Y doesn't provide any food due to licensing reasons
- Water bottle with camper name on it
- Clothing appropriate for the day/weather. Campers may be crawling in the dirt, splashing in the lake, hiking, or running. Campers are encouraged to bring a jacket/sweatshirt, raincoat, and boots, as campers are outside the entire day and there are no indoor facilities on Lake Sixteen.
- Closed-toe shoes, tennis shoes, or hiking boots. No sandals, Tevas/Chacos, Crocs, or open-toed shoes are allowed.
- Swimsuit, towel, and goggles (optional) for swimming.
- Sunscreen/Insect Repellent

WEEKLY NEWSLETTER

An informational “newsletter” sheet will be sent out digitally one week prior to camp with details on the theme of the week, dress up days, the field trip location, etc. A paper copy of this newsletter will be available to pick up on the first day of camp.

DROP-OFF/PICK-UP INFORMATION

- **Camp Anderson**
 - *Pick-up/Drop Off: Bakerview Sports Center (3301 East Fir St., Mount Vernon)*
 - All campers should be at Bakerview no later than 8:30am. The bus departs at 8:30am sharp and returns to Bakerview at 4:30pm each day.
 - Conway School Pick-Up (not available on Wednesdays due to field trips)
 - The bus will pick up students up in the morning between 9:00-9:30am. The bus stop here is unstaffed, so parents should wait with their child(ren), and it's recommended that families are at the school at 9:00am in case the bus comes early.
 - The bus will drop off students in the afternoon at 4:00pm. If no parent is present to pick up their child(ren), they will be returned to Bakerview Sports Center. (No kids will be left unattended at the school)
 - Extended Care at Bakerview is available from 7:30am – 8:30am and from 4:30-5:30pm each day if parents need to drop their child(ren) off early or pick them up later. *(Extended care is free of charge, but \$15 will be charged for every 15 minutes late after 5:30pm)*

- If your child does not arrive at one of the bus pick-up sites for Camp Anderson by the departure time, it is assumed the child will not be attending for the day. **You will not be called to confirm.** Please call the Welcome Center at the YMCA (360-336-9622) by 8:30 AM if you know your child will not be attending.

DROP-OFF/PICK-UP POLICY

To ensure authorized pick-ups, the staff at Bakerview Sports Center will *require* all parents/guardians to sign their camper in and out of the program. Please do not drop your child off in front of the building(s); the YMCA is not responsible for children until they are signed in.

For safety reasons, camp staff will only release your child(ren) to those persons indicated on your registration form. **Written notification of another authorized person is required for us to release the child into their care.** If we receive no written notification and cannot reach you to verify the identification of the person, we will not allow your child to leave the program.

Identification may be required of any person picking up a child, including the parents. Please inform all appropriate people of this procedure. For any unauthorized parent/guardian contact we need to be aware of, please provide a letter and state-issued identification (ex. Driver's License, Passport, etc.)

TRANSPORTATION POLICY

1. Campers should cross in front of the bus and be far enough in front so they can see the driver.
2. Campers should use the handrail when entering and leaving the bus.
3. Campers should observe proper conduct while on the bus. Loud or unusual behavior could distract the driver's attention and cause an accident.
4. Obey the driver and other camp staff.
5. Permission to open windows should be obtained from a camp staff or the driver.
6. Campers must keep their heads, arms, and hands inside the bus.
7. Campers need to remain seated until the bus has stopped before attempting to leave the bus.
8. Report any misbehavior or vandalism to the bus driver or other camp staff.
9. In the event of an accident or emergency, the passengers may have to exit the bus. Campers will be taken to a safe place off the road.

Failure to comply with bus rules and behavior standards could cause a loss of bus privilege.

INFORMATION ABOUT OUR CAMP STAFF

Camp staff are carefully selected to embody the YMCA values listed above. We choose individuals that have experience, training, and ability to positively relate with children; make sound decisions concerning safety and program content; and are positive role models for children.

We maintain a maximum ratio of 10 children per leader at Camp Anderson. Our counselors are responsible for planning and implementing activities; managing their group of youth; and maintaining a safe environment for all participants. All staff have cleared a Washington State Patrol criminal record check. A certified lifeguard supervises all waterfront and/or pool activities.

DISCIPLINE POLICY

The methods of discipline employed at our Y Camps are corrective steps designed to retain the child's feeling of self-worth while realizing that inappropriate behavior needs to be corrected. Our first step is making sure all children know the rules and expectations of the camp. When a rule is broken, the staff will talk with the child and remind them of the rules and expectations of the program and discuss consequences for further inappropriate behavior. If the behavior/action is repeated, the consequences will be appropriate and may include taking a time out, apologizing, writing an explanation of the behavior for the parent, or another logical consequence.

The YMCA does not tolerate violence of any kind. We want to keep all children and staff as safe as possible at all times. Any child who uses violent or aggressive behavior towards another person will be asked to leave the program. The child's parents will be called to pick him/her up immediately. The staff (counselor, camp director, and program director) will decide the extent of the child's absence from camp.

Camp counselors and program staff will try to keep you posted regarding your child's behavior, but the staff person who works directly with your child may not be on shift when you pick up your child every day. If you have any questions or concerns about your child's participation, please feel free to ask for a conference or report from the staff. If the problem is not resolved, and conferences between the child and the Camp Supervisor are not sufficient, the parents will be contacted for consultation with the Camp Director.

After agreeing upon a course of action with the family, the Y will work closely with all concerned to see that the problem is corrected and ensure that the camp experience is a positive one for everyone. If behavior shows no improvement after talking with the parents, a child can be dismissed from attending camp. Refunds will not be given for the partial week from which they were expelled but will be provided for any subsequent weeks for which the child was registered, minus the registration fee.

ILLNESS POLICY

Sick children should not be brought to Camp. Please do not send your child if they have COVID-19, fever, nausea, severe cold, diarrhea, headache, or any contagious conditions. If your child is not well enough to participate in scheduled activities, they are probably not well enough to attend camp.

If your child becomes ill during the day, we will attempt to reach you or another emergency contact person. We ask that you make prompt arrangements to pick up your child if they fall ill. There are no daily deductions in fees due to illness.

MEDICATION POLICY

If your child(ren) must take medication during Camp Anderson, you must fill out a [Medication Administration Form](#) to authorize YMCA staff to dispense medicine to your child. Additionally, if your child(ren) have allergies of any sort, please complete the [Emergency Action Plan For Severe Allergic Reaction](#) form so that our staff can administer allergy medications (ex. EpiPen).

These documents should be turned into the Welcome Center at Hoag Road (1901 Hoag Road) no later than June 1. If you need a paper copy of these forms, please ask for one at the Welcome Center.

When you completed registration for camp on the Y website, you were asked if staff have consent to administer sunscreen and/or insect repellent. Your child is welcome to self-administer sunscreen/insect repellent.

FIRST AID AND EMERGENCY PROCEDURES:

If your child is injured while participating in a YMCA activity, we will take the following steps:

- **MINOR INJURY:** First aid will be given, and the parent informed upon arrival. Since the YMCA cleanses cuts and scrapes with soap and water and does not use disinfectant medications, we recommend you examine the injury when you reach home and use a disinfectant, if desired.
- **SERIOUS INJURY:** First aid will be given, and the parent will be notified, if possible. If the parent cannot be reached, we will call the emergency contact person provided during registration. If contacted, the parent will be given the choice of whether to pick up the child or have the YMCA or ambulance transport the child to medical attention. If we are unable to contact the parent or emergency contact, we will determine whether the injury needs immediate medical attention. If it does, a YMCA staff member will either transport your child or ride along in the ambulance to the medical facility you have designated or to the nearest available emergency room. We will attempt to contact the

physician listed. The staff person will remain with the child until the parent or emergency contact arrives at the medical facility.

- **LIFE-THREATENING INJURY:** If we determine a life-threatening injury, we will call 911 to give emergency care. Immediate first aid will be given, and the parent/emergency contact notified as soon as possible. A staff person will accompany your child to the hospital and remain until a parent or emergency contact person arrives.

DISASTER EMERGENCY PROCEDURES

In the case of a natural disaster, including earthquake, flooding, volcanic eruption, or severe wind, we understand that parents may not be able to reach the site or communicate with camp staff. Be assured the YMCA will do whatever is necessary for the safety and well-being of your child(ren). If it is hazardous to remain at the site and there is no danger in transporting, the children may be moved to the YMCA or community facility. Each camp will communicate with the YMCA to provide pertinent information regarding camp plans.

PERSONAL ITEMS

Our programs are equipped with sufficient equipment for all participants. Please have your child's name on all personal items, including (but not limited to): clothing, towels, bags, lunches, etc. Although we will help your child be responsible, the YMCA is not responsible for any lost or missing items.

Cellphones (or any other electronic devices), knives, firecrackers, and/or other items of value are not allowed at camp. Campers may bring money for field trips at their own risk.