



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH EMPOWERMENT SERVICES



Skagit Leadership Class of 2023

When the Empowerment Rangers first came together, we discovered we had a common passion for youth empowerment. We formulated a common goal to find a way to help empower the youth by asking: What resources are available to youth and families in Skagit County? At first glance, there didn't appear to be many resources for youth. As we dove into our networks, we discovered many resources hidden by lack of advertisement or reserved for referrals through partnering agencies. It was through this discovery that The Youth Empowerment Services guide was conceived to answer the question: Are there youth resources in Skagit County? The answer is Y.E.S..

The Empowerment Rangers partnered with The Skagit Valley Family YMCA to compile resources into an easily accessible guide tailored to youth and their families in Skagit County. The Y.E.S. guide will reside within the YMCA website, set in PDF format to be printed and accessible to youth, schools, families, doctor's offices, nonprofit organizations, and more to empower youth to know and understand the resources available within Skagit County.

CONTACT US

360.336.9622

1901 Hoag Road, Mount Vernon, WA 98233

www.skagitymca.org



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Art Classes

MoNA Teen Art Club

Bring your friends and your creativity to make art together and inspire your art. Snacks, drinks, and art supplies will be provided. (Grades 6-12)

<https://www.monamuseum.org/event-calendar>

121 1st Street La Conner, WA, 98257

(360) 466-4446

Tri-Dee Arts

MAKE ART studio, is our 500 sq. ft interactive studio and classroom space offering demos, paint nights parties, and weekly workshops in drawing, mixed media, sculpture, traditional printmaking, recycled art, and other creative and crafty projects for all ages and levels of experience.

<https://trideearts.com>

215 S 1st St, Mount Vernon, WA 98273

(360) 336-6131

Red Barn Art Studio

Classes foster self expression and creativity, blending meaning, imagination and art skills to help children grow to love art and become more skilled. By teaching fundamentals of art and design through themes that matter to children, art becomes personal, satisfying and instills confidence in who they are. (Ages 8-12)

<https://www.katiewaltonart.com>

121 1st Street La Conner, WA, 98257

(360) 319-5139

CCS Farmworker Center - Art Studio For Children

A welcoming place for Skagit Valley Indigenous/Latinx families to connect with educational and community resources and receive support to become effective advocates for their community's needs.

<https://ccsww.org/get-help/specialized-services/farmworker-center/>

2727 East College Way, Mount Vernon, WA

(360) 424-8655

Career and Job Planning/Life Skills

Skagit Valley College Running Start Program

Opportunity to earn college credit while in high school on the SVC campus. May complete associates and graduate from college and high school simultaneously. (Grades 11-12)

<https://www.skagit.edu/academics/high-school-programs/cte-dual-credit/>

2405 E. College Way, Mount Vernon, WA

(360) 416-3905

Skagit Valley College- College in the High School Program

Opportunity to earn college credit within the local high school, no need to travel to the college campus. (Grades 9-12)

<https://www.skagit.edu/academics/high-school-programs/college-in-the-high-school/>

2405 E. College Way, Mount Vernon, WA

(360) 416-3905

Northwest Career and Technical Academy

Free technical and professional training for high school students. (Grades 9-12)

<https://www.nwtech.k12.wa.us/>

2205 West Campus Way, Mount Vernon, WA

(360) 848-0706

WorkSource

Employment training services: resume building, interview skills, job search assistance, etc.

<https://worksourcewa.com/>

2005 E. College Way, Mount Vernon, WA

(360) 416-3600

Emerson Alternative School

Alternative high school for youth in Skagit County.

www.seattleu.edu/ccts

227 N 4th St, Mount Vernon, WA 98273

(360) 336-2681

NCTA Marine Technology Center

Hands-on courses focused on training in the marine industry

<https://www.nwtech.k12.wa.us/marine-services/>

EWP Workforce Development

EWP helps students see the career opportunities in Skagit County and support the business community in workforce development. In partnership with Skagit Valley College and the Northwest Workforce Council, EWP has created robust learning opportunities to help prepare our youth and adult students for future employment and has served over 1000 students from diverse Skagit Valley College programs including Basic Education for Adults, Arts & Communication, Business, Education, Food & Beverage Management, Health Sciences, STEM, Industrial Technology & Transportation and Public Services & Social Sciences.

<https://www.mountvernonchamber.com/experience-work-project/>

Cascade Job Corps College and Career Academy

Provides a free education and vocational training program administered by U.S. Department of Labor to help young people ages 16 – 24 take control of their lives by obtaining a better paying job. (Ages 16-24)
www.cascades.jobcorps.gov
2405 E College Wy, Mount Vernon, WA 98273
(360) 854-3400

Evergreen Goodwill Youth Programs

Goodwill connects people with the jobs, services and skills they need. Evergreen Goodwill provides quality, effective employment training and basic education to individuals experiencing significant barriers to economic opportunity. (Ages 16+)
<https://evergreengoodwill.org/job-training-and-education/youth-programs>
205 Roosevelt Ln, Mount Vernon, WA 98273
(360) 848-6468

Northwest Youth Services

For youth who are experiencing or at risk of homelessness, access to education and employment are key to providing pathways towards independence and thriving. Employment & Education services at NWYS provides in-person or remote support and community resource referrals so that youth may explore, identify, and achieve their goals in these areas. Employment & Education services at NWYS provides in-person or remote support and community resource referrals so that youth may explore, identify, and achieve their goals in these areas. (Ages 13-18)
<https://www.nwys.org/employment-education>

Youthnet

Youth receive hands on training in self-sufficiency skills such as obtaining housing, creating and managing a budget, career and education planning, engaging in safe and healthy relationships and securing employment. While the primary goal is safe housing and financial literacy (in an effort to decrease homelessness), these youth will also be connected to service learning opportunities and receive assistance in the application process for secondary or vocational education. (Ages 15-23)
<https://youthnetnw.net/programs-services/independent-transitional-living-skills/>

Center for Change in Transition Services

The goal of CCTS is to improve post-school outcomes for students with disabilities in the state. CCTS provides secondary transition training and technical support to Educational Service Districts (ESDs), Local Educational Agencies (LEAs), and public schools that serve high school-age students who have an Individual Education Program.
www.seattleu.edu/ccts
901 12th Ave, Seattle, WA 98122
(206) 296-6494

Office of Education Ombudsman

Helps solve disputes and conflicts between families and elementary and secondary public schools that affect student learning. Functions independently from the public school system.
www.oeo.wa.gov
1-(866) 297-2597

NWESD 189

Ensures equality in educational opportunities; implements state rules and programs; provides technical assistance to local districts; collects and reports information for funding and accountability purposes; and provides technical assistance to schools.

www.nwesd.org

1601 R Ave. Anacortes, WA 98221

(360) 299-4000

OIC-HEP High School Equivalency Program

Provides instruction, tutoring, and support to help individuals obtain a GED. Eligible individuals must have, or have an immediate family member in their household who has, spent at least 75 days in migrant or seasonal farm work within the past 24 months.

(877) 453-3970

Skagit Literacy

Free instruction in English as a Second Language (ESL), General Education Development (GED), Adult Basic Education (ABE).

330 Pacific Pl, Mount Vernon, WA 98273

(360) 416-7585

Plan to Work

Free benefits planning. Serves people 14-65 years old who are receiving disability benefits from Social Security Administration (SSA) and want to work. (Ages 14+)

www.plantowork.org

1-866-497-9443

Evergreen Beauty School

Licensed and nationally accredited beauty school training students in cosmetology.

evergreenbeauty.edu

509 S 1st Street, Mount Vernon, WA

(360) 755-6446

Career Connect Skagit

Share information about workforce needs and the education pipeline, build engagement among industry, and celebrate our impactful partnerships.

<http://www.skagitstem.com/career-connect-skagit/>

EDASC Skagit Job Board

Provides information on jobs currently open here in Skagit County.

<https://jobs.skagit.org/jobs>

Career Connect NWESD

The CCWNW Network is a catalyst for industry, education, and community partners to collectively meet the career development needs of Northwest Washington's youth in an equitable and accessible way.

<https://www.nwesd.org/career-connect-nw-region/>

Bellingham Technical College

Offers two-year Associate degrees, professional certificates, continuing education, and basic education.

<https://unbounce.btc.edu/be-you-request-info/>

3028 Lindbergh Ave, Bellingham, WA

(360) 752-7000

Western Washington University

Public, mid-sized university that provides bachelor and masters degrees in a variety of different subject areas.

www.wu.edu

516 High St, Bellingham, WA

(360) 650-3000

Whatcom Community College

Offers two-year Associate degrees, professional certificates, continuing education, and basic education.

<https://whatcom.edu>

237 W Kellogg Rd, Bellingham, WA

(360) 383-3000

Skagit Vallley Community College

Offers two-year associate degrees, four-year applied bachelors degrees, professional certificates, continuing education, and basic education.

www.skagit.edu

2405 E College Wy, Mount Vernon, WA 98273

360-416-7623



Clothing/Hygiene Resources

Community Action

Food, Clothing, Personal Hygiene, Toiletries, Local Bus Passes, Gas Vouchers
<https://www.communityactionsagit.org/>
330 Pacific Pl, Mount Vernon, WA 98273
(360) 416-7585. Toll-Free: 1-(888) 401-0458

Northwest Youth Services

Personal care items, personal care, and clothing (Ages 13-17 or 18-24)
<https://www.nwys.org/>
843 S. Burlington Blvd. Burlington, WA 98233
(360) 336-1988

Oasis Teen Shelter

Personal care items, personal care, and clothing (ages 13-17)
<https://www.skagitymca.org/oasis/>
125 N 5th St, Mount Vernon, WA 98273
(360) 419-9058

Rice Bowl Ministries

Clothing
<https://www.facebook.com/people/Rice-Bowl-Ministries/100069109951282/>
1514 M Ave Anacortes WA 98221
(360) 720-7702

Soroptimist International Thrift Shop

Clothing
<https://soroptimistanacortes.org/thrift-store-inside-our-store/>
1107 3rd St, Anacortes, WA 98221
(360) 293-7251

First Baptist Church

4-6:30 pm: Clothes Closet (free clothing & accessories for our community) is open on the first and third Thursdays of each month.
2717 J Ave Anacortes WA 98221
(360) 293-5200

Kiwanis Thrift Shop

Clothing
<http://www.anacorteskiwanis.org/contact.html>
420 O Ave, Anacortes, WA 98221
(360) 293-2921

Red Door Thrift Shop

Clothing
<https://reddoorthriftshop.com/>
1019 7th Anacortes WA
(360) 293-8027

Drug and Alcohol Addiction

Lifeline Connection

Medicaid Accepted, Lifeline Connections offers clinic-based substance use disorder outpatient treatment services for youth and partners with local school districts to provide school-based substance use disorder and mental health treatment services. Lifeline Connections also works with criminal justice-involved youth. Youth Ages 13-17

<https://lifelineconnections.org/services/youth-services/>

2105 Continental Pl Suite A Mount Vernon, WA
(360) 399-6900

Alanon/Alateen

Family Addiction Support Meetings. Wednesday 7 pm. In Person or Online

<https://wa-al-anon.org/meetings/30567900/>

Mount Vernon Senior Center 1401 Cleveland Ave. Mount Vernon, Wa 98273
1-(800) 344-2666

Consejo Counselling and Referral Services

SUD, Addiction (Ages 13+)

<https://www.skagitymca.org/oasis/>

1601 E College Way, Mount Vernon, WA 98273
(360) 763-5595

Swinomish Wellness Program

Must be a federally recognized tribal member. Chemical Dependency Assessments, DUI/deferred prosecution, Individual therapy sessions, Outpatient group sessions, Inpatient treatment referrals (funding is available, call (360) 466.1024 for details), Youth education treatment services, Medication-assisted treatment (Suboxone). Medicaid/ Private Pay/ Insurance. Wrap-around Services (See other categories)
(Ages 13+ (without parent consent) 12 or younger with a parent)

<https://swinomish-nsn.gov/resources/health-wellness/wellness-program.aspx>

17337 Reservation Road
(360) 466-1024



United NW Recovery Center

Youth Ages 13-17

Intensive Outpatient Program, Relapse Prevention Program, Outpatient Program, Alcohol and Drug Information School ADIS, Victims Panel Certification, Certified Anger Management Classes. **Private Pay Insurance.** Wrap-around Services (See other categories) (Ages 13+)

<https://unwrc.com/>

La Conner, WA, 98257

(360) 856-6300

Catholic Community Services

Medicaid Accepted, SUD outpatient treatment; Children's mental Health; PREPARES Program: Pregnancy & parenting support; Wraparound with Intensive Services (WISe): intensive outpatient mental health program. WISe provides home and community based wraparound services for Medicaid-eligible youth (up to 20 years) with multiple and complex needs, and their families. (Under 18)

ccswww.org

614 Peterson Rd. Suite 200 Burlington, WA

(360) 856-3054

Sauk-Suiattle Indian Tribe

Serves the Sauk-Suiattle Indian Tribe, and the surrounding communities of Snohomish and Skagit Counties. work with Washington Superior and State Courts, Dept. of Social and Health Services, Indian Child Welfare, Child Protective Services, Youth Probation, and locally with Darrington Schools. For Medicaid clients, without their own transport, we can provide transport from home to treatment.

https://sauk-suiattle.com/substance_abuse_treatment.html

5318 Chief Brown Lane, Darrington, WA 98241

(360) 436-0131

Education– Alternative/Private

Aspire Academy (MVSD)

Grades K-12

<https://aspire.mountvernonschools.org/>

3302 Cedardale Rd. Suite B300, Mount Vernon, WA 98274

(360) 428-6216

Burlington Edison North Alternative High School

Grades 9-12

<https://sites.google.com/be.wednet.edu/b-en/home>

301 N Burlington Blvd, Burlington, WA 98233

(360) 757-3311

Hill Creek Christian School

Grades 3-12

<https://hillcreekchristian.org/>

1515 E College Way, Mount Vernon, WA 98273

(360) 424-6364

Mount Vernon Christian School

Grades PK-12

<https://www.mountvernonchristian.org/>

820 W Blackburn Rd, Mount Vernon, WA 98273

(360) 424-9157

Emerson Alternative School

Alternative high school for youth in Skagit County.

www.seattleu.edu/ccts

227 N 4th St, Mount Vernon, WA 98273

(360) 336-2681

Skagit Adventist Academy

Grades PK-12

<https://www.skagitadventist.com/>

530 N Section St, Burlington, WA 98233

(360) 755-9261

Skagit Academy

Grades PK-12

<http://skagitacademy.mountvernonschools.org/>

2001 Cleveland Avenue, Mount Vernon, WA 98273

(360) 293-2921

State Street High School

Grades 9-12

<https://www.swsd.k12.wa.us/Domain/503>

1019 7th Anacortes WA

(360) 855-3550

Family Planning

Planned Parenthood – Mount Vernon

Provides high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health

<https://www.plannedparenthood.org/>

1805 E. Division St, Mount Vernon

(360) 848-1744

Skagit County Health Department- Mount Vernon

Teens can meet with a medical specialist (either a PA or ARNP) for free pregnancy testing, condoms, birth control, and emergency contraception (a safe way to prevent pregnancy after you have unprotected sex).

Teen clinics also do STD testing; the STD Clinic at the health department can do HIV testing. (Ages 14-18)

<https://www.skagitcounty.net/Departments/HealthDiseases/teenclinics.htm>

700 S. Second Street, #301, Mount Vernon

(360) 416-1500

East County Teen Clinic in Concrete

If you are ages 14 through 18, you can walk in to any teen clinic and meet with a medical specialist (either a PA or ARNP) for free pregnancy testing, condoms, birth control, and emergency contraception (a safe way to prevent pregnancy after you have unprotected sex). Teen clinics also do STD testing; the STD Clinic at the health department can do HIV testing. All appointments are confidential meaning only you and the teen clinic staff know about your appointment or any test results.

<https://www.skagitcounty.net/Departments/HealthDiseases/teenclinics.htm>

45770 Main Street, Concrete

(360) 853-7009

United Teen Clinic in Sedro-Wooley

If you are ages 14 through 18, you can walk in to any teen clinic and meet with a medical specialist (either a PA or ARNP) for free pregnancy testing, condoms, birth control, and emergency contraception (a safe way to prevent pregnancy after you have unprotected sex). Teen clinics also do STD testing; the STD Clinic at the health department can do HIV testing. All appointments are confidential meaning only you and the teen clinic staff know about your appointment or any test results.

<https://www.skagitcounty.net/Departments/HealthDiseases/teenclinics.htm>

2241 Hospital Drive, Sedro-Wooley

(360) 982-8098

C.A.R.E. Medical Clinic

A non-profit, licensed medical clinic that provides valuable services in the Greater Skagit Area for those facing unplanned pregnancies. They have provided pregnancy tests and related services to women, men, teens, families, singles, and married couples. All services are provided at no cost.

<https://www.pregnancychoices.org/>

110 N 15th St, Mount Vernon

(360) 428-3777

Seamar Skagit Valley Women's Medical Clinic

Offers outpatient prenatal and post-partum care to ensure healthy pregnancies and deliveries. In addition to obstetrics, we specialize in health exams and other services for women, including maternity support services.

<https://www.seamar.org/skagit-medical-skagit.html>

125 N. 18th St, Ste A. Mount Vernon

(360) 588-5550

Skagit Regional Health- Women's Health

Medical clinic with doctors who can prescribe a wide variety of birth control methods.

<https://www.skagitregionalhealth.org/programs-services/womens-health/gynecology-services/family-planning>

1400 E. Kincaid, Mount Vernon

(360) 428-2500

Family Resources

Northwest Youth Services

Housing, Outreach, Behavioral Health, Employment & Education Support (Ages 13-17 or 18-24)

<https://www.nwys.org/>

843 S. Burlington Blvd. Burlington, WA 98233

(360) 336-1988

ChildCare Aware

Child Care Aware is a non-profit program designed to help families, including military families, who need help with child care. The agency provides referrals, tools, and resources nationwide. These services are available to a variety of communities, including military families and DoD civilian families.)

www.ccanorthwest.org

416 Main St., Mount Vernon, WA 98273

(360) 305-0481

Catholic Community Services

Addiction Recovery, Alcohol & Other Drug Treatment Services, Wraparound with Intensive Services (WISe), Prepares (Parenting preparation support), Project Rachel (Support for someone having trouble coping with an abortion)

<https://ccsww.org/get-help/skagit-county/>

614 Peterson Rd Suite 200, Burlington, WA 98233

(360) 856-3054

Washington State Department of Health and Youth Services

Apple Health for Kids (medical insurance), Pregnancy Medical Program, After-Pregnancy Coverage (12 months of coverage after the pregnancy ends)

<https://www.dshs.wa.gov/food-cash-medical>

900 E College Way #100, Mount Vernon, WA 98273

(360) 429-2961

WIC

Nutritional support for new families and expecting parents, formula, nutritious food vouchers
<https://www.wicprograms.org/>

Mount Vernon Health Dept
110 N 15th St, Mount Vernon
(360) 428-3777

WIC Sedro Woolley Untied General
2031 Hospital Dr, Sedro Woolley WA 98284
(360) 854-0435

WIC Mount Vernon
330 Pacific Pl, Mount Vernon, WA 98273
(360) 416-7595

Community Action

Food, Clothing, Personal Hygiene, Toiletries, Local Bus Passes, Gas Vouchers
<https://www.communityactionskagit.org/>
330 Pacific Pl, Mount Vernon, WA 98273
(360) 416-7585. Toll Free: 1-888-401-0458

The ARC Washington State

Support and advocacy for parents with or people with disabilities
<https://autismnow.org/local/the-arc-of-island-and-skagit/>
1500 E College Way, Ste A PMB 374
(304) 584-3272

Planned Parenthood

Pregnancy Testing and Services, Birth Control, Abortions, HIV Testing, Men's Health, Morning After Pill (Emergency Contraception), Primary Care, STD Testing, Treatment, & Services, Women's Healthcare
<https://www.plannedparenthood.org/>
1805 E Division St, Mount Vernon, WA 98274
(360) 848-1744

Olive Crest

A temporary place for parents who are experiencing a crisis to take their children while they address the issues causing instability in their lives
<https://www.olivecrest.org/locations/washington>
Mount Vernon, WA 98274
800.550.CHILD

Lily's Foundation

Care packages for parents of preemies that are in NICU or just came home from the NICU
<https://www.lilyshopefoundation.org/packageofhope>
Based in PA but serves Washington state
267-776-HOPE

Help Me Grow

Diapers, wipes and cleaning products
<https://helpmegrowskagit.com/resource-center/>
432 Fashion Way Burlington, WA 98233
(360) 230-9129

Brigid Collins

Parent- Child Assistance Program (Help for pregnant woman struggling with chemical dependency), Parents as Teachers (home-visiting program focused on ensuring healthy babies, increasing parenting resources and improving school readiness)
<https://www.brigidcollins.org>
917 S 3rd St, Mount Vernon, WA 98273
(360) 428-6622

Family Health Hotline

Provides State-wide information and resource referral to individuals concerned with a child's development. Assistance in English, Spanish and other languages. Family Health Hotline connects families to local resource coordinators and resources.
www.withinreachwa.org or www.parenthelp123.org
1-800-322-2588 or TTY: 711

Family Helpline

Provides information/resources on parenting, child development and positive discipline to parents/caregivers
www.parenttrust.org
1-800-932-4673

Family Reconciliation Services (FRS)

Through the DSHS, Children's Administration, and Division of Children and Family Services, FRS helps families deal with problems such as a child running away, not following reasonable family rules, or serious problems between parents and their child. (Teenagers 13-17 and their Families)
1-800-785-5582 or TTY (360) 416-7222

Service Alternatives-Children and Family Service Program

Primary goal is to empower families to help themselves by building upon their strengths and increasing their community resources.
210 Oak St, Burlington, WA 98233
(360) 419-7066

Parent Trust for Washington Children

We offer unique solutions for the whole family through classes, workshops and low-cost capabilities. It is a source of education and support for parents, caregivers, children, adolescents and the professional community.
<https://www.parenttrust.org/>
2200 Rainier Avenue South
(206) 233-0156

Skagit Parent to Parent

Provides support and information to families with children who have special needs through the Parent to Parent model, in both English and Spanish.

www.p2pskagit.org

Seattle, WA 98144

(360) 416-7570 ext. 401

Child Care Subsidy Program (CCSP)

Help families pay for child care through the Working Connections Child Care program or the Seasonal Child Care program.

www.dshs.wa.gov/onlineccso/wccc.shtml

1-877-501-2233

Within Reach

Private, nonprofit organization working to ensure optimal health for all families in Washington State by connecting them with programs, resources and information they need to build healthy families. Committed to removing language, socio-economic and access barriers. Connects families and individuals in Washington State to health and food resources.

www.withinreachwa.org

(206) 284-2465

Seamar Clinic

Medical, OBGYN, Prescription assistance, Dental services, Bus and shower passes: For homeless clients and medical/dental patients who need help attending appointments, Food Vouchers, Community Voice Mail, Shelter Outreach Services: medical and case-management services for local shelters, Migrant Outreach Services: medical and health outreach and assistance for migrant populations during summer months, Case Management: services for homeless families, including financial eligibility/entitlement assistance, assistance with translating documents, i.e., job applications, mail, DSHS paperwork, school enrollment paperwork. Referrals for other Sea Mar services: health education, substance abuse, mental health, nutritional programs, maternity-support services, and seasonal childcare.

Referrals to community agencies for assistance with food, clothing and household items and other services.

<https://www.seamar.org/healthcare-homeless.html>

1010 E College Way Mount Vernon WA 98273

(360) 542-8900

Social Security Administration (SSA)

Federal agency offers financial assistance for people with disabilities to achieve an independent lifestyle. Persons under 18 considered based on disability and parents' income; over age 18 considered based on individual income, resources and disability determination. Eligibility depends on severity of disability. Includes Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) Programs.

www.ssa.gov

710 E College Way Ste A, Mount Vernon, WA 98273

800-772-1213

Gang Intervention Resources

Our Journey

Helping Gang affected youth open their heart, mind, and soul through self-empowerment and healing to thrive with self-respect and confidence back to loving themselves, their family, and the community.

(Ages 12-17)

<https://www.ourjourneyskagit.org/>

1511 E Broadway, Mount Vernon, WA 98274

(360) 540-1742

Northwest Credible Messengers

Our mission is to empower new and emerging Black and Brown community leaders, returning citizens and community-rooted organizations through Capacity Building – teaching the tools to build a seat at the table, Policy Advocacy – building acumen for lasting transformative change, and Positive Youth Justice – investing in the next generation of Black and Brown leadership. (Ages 12-17)

kccmi2017@gmail.com

416 Main St., Mount Vernon, WA 98273

(206) 261-2410

Skagit County Gang Resource Officer

The Mount Vernon Police Department Gang Resource Officer focus is on prevention, intervention and education on gangs and their activities. Education opportunities are available to parents, schools or community groups. Topics include what graffiti is, gang behaviors and gang symbols.

(360) 336-6271

T.E.A.M.

The T.E.A.M. (Teach-Encourage-Advise-Mentor) Program, developed specifically for the community of Mount Vernon by parents, school administrators / teachers, police officers, and others, addresses safety education and drug and violence prevention. T.E.A.M., taught by a police officer, targets K-6th grade students and provides lessons on pedestrian, personal and bicycle safety; decision-making; conflict resolution; internet safety; refusal skills; violence prevention; and two alternatives to the use of drugs, tobacco, and alcohol.

(360) 336-6271





Legal Resources

Skagit Legal Aid

Provides civil and minimal criminal legal aid to individuals that cannot otherwise afford and attorney. It will include providing resources such as name changes, sealing court documents, and other similar types of civil legal aid.

<https://www.skagitlegalaid.org/>

Skagit Domestic Violence and Sexual Assault Service

Designed for survivors of domestic violence, including teenagers. Will assist survivors in getting counseling, housing, clothing, food, healthcare and connect them to other advocates that can assist them in getting whatever they need

<https://www.skagitdvsas.org/>

Skagit County Bar Association

The Bar Association, while not providing direct aid, can assist individuals with finding a pro bono attorney, performs regular free clinics for a variety of legal needs including immigration assistance, getting court fines and fees waived or reduced, and emancipation if appropriate

<https://www.skagitcountybar.org/>

Skagit Dispute Resolution Center

Services include: information and referral, conciliation, mediation, arbitration, training programs, practicum internships and consultation services.

www.voaww.org/drc

117 N 1st St Ste 30, Mount Vernon, WA 98273

(360) 542-8487

LGBTQI+ Resources

PFLAG Skagit

PFLAG SKAGIT provides an opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity. Keeping families together is the mission of PFLAG. Our family values stress education, understanding, acceptance, and support, but most of all love, thereby empowering our children — straight, cisgender, and LGBTQ+ alike — to lead happy and productive lives.

<https://pflagskagit.org/>

Cascades Rainbow Community Center

The Rainbow Center works to ensure serenity, peace, legal rights, freedom, and the pursuit of happiness for members of the LGBTQIA+ community. They work to foster equality for LGBT people in Northwest Washington State, while strongly believing that equality is for everyone, and welcoming all with open arms, humble hearts, and minds willing to learn and grow.

https://www.facebook.com/CascadesRainbowCommunityCenter/?ref=page_internal

Skagit Queer

Skagit queer is a local non-profit organization focused on community building and creating intersectional safe spaces and all ages events for our wonderfully diverse and beautiful Skagit county.

<https://www.facebook.com/Skagitqueer/>

Skagit Valley College Rainbow Alliance

The SVC works to promote the health and wellbeing of the LGBTQIA+ community, families, & allies at SVC

<https://www.facebook.com/svc.rainbowalliance>

Washington Gender Alliance

WGA strives to provide safe places for transgender people to meet and help each other. They focus on the strength of the individuals within the transgender community by creating peer support groups to uplift and support each other.

<http://washingtongenderalliance.com/>



Medical/Dental/Vision Resources

United Teen Clinic in Sedro-Woolley

Free pregnancy testing, condoms, birth control, and emergency contraception (a safe way to prevent pregnancy after you have unprotected sex). STD testing, HIV testing (Ages 14-20)
<https://www.skagitcounty.net/Departments/HealthFamily/teenclinics.htm>
2015B Hospital Drive Sedro-Woolley, WA 98284
(360) 856-7319

Anacortes Teen Clinic

Free pregnancy testing, condoms, birth control, and emergency contraception (a safe way to prevent pregnancy after you have unprotected sex). STD testing, HIV testing (Ages 14-20)
<https://www.skagitcounty.net/Departments/HealthFamily/teenclinics.htm>
2601 M Avenue, Suite C Anacortes, WA 98221
(360) 293-6973

Basic Health Plan of Washington

Health insurance for low income Washingtonians living under 65.
www.basichealth.hca.wa.gov
1-800-660-9840

Safe Harbor Free Clinic

Free health care and referral service for the underinsured.
<https://www.safeharborfreeclinic.org/>
9631 269th St NW Ste 203/204, Stanwood, WA 98292
(425) 870-7384

East County Teen Clinic in Concrete

free pregnancy testing, condoms, birth control, and emergency contraception (a safe way to prevent pregnancy after you have unprotected sex). STD testing, HIV testing (Ages 14-20)
<https://www.skagitcounty.net/Departments/HealthFamily/teenclinics.htm>
45770 Main Street Concrete, WA 98237
(360) 853-7009

Washington State Department of Health and Youth Services

Pregnancy Medical Program, After-Pregnancy Coverage (12 months of coverage after the pregnancy ends), Apple Health for Kids (medical insurance)
<https://www.dshs.wa.gov/food-cash-medical>
900 East College Way, Suite 200 Mount Vernon, WA 98273
(360) 429-2961

Apple Health

Provides health care for individuals with low income; includes youth, families and prescription drugs.
www.hca.wa.gov
1-877-543-7669 Apple Health for Kids Hotline 1-877-543-7669

Seamar Mount Vernon Dental Clinic

Dental Care
<https://www.seamar.org/skagit-dental-mountvernon.html>
1400 N Laventure Rd, Mount Vernon, WA 98273
(360) 542-8901

Seamar Clinic

Medical, OBGYN, Prescription assistance, Dental services
<https://www.seamar.org/healthcare-homeless.html>
1010 E College Way Mount Vernon WA 98273
(360) 542-8900

Community Action

Coordinated entry for services in Skagit County
<https://www.communityactionskagit.org/>
330 Pacific Pl, Mount Vernon, WA 98273
(360) 416-7585 Toll Free: 1-888-401-0458

DECOD (Dental Care for Individuals with Disabilities)

The directory provides a list of dentists who provide dental care to patients with developmental or acquired special needs.
<https://www.wsda.org/public/special-needs-directory>
(206) 616-6105 (206) 448-1914

Washington State Medical Home

Designed to support youth and families to partner with health care providers, understand health conditions and make informed health care decisions. Includes practical and current tools, strategies and information for children with special health care needs.
www.medicalhome.org
(206) 685-1279

Anacortes Children's Therapy

Provides occupational therapy.
2301 25th Ct, Anacortes, WA 98221
(360) 299-0331

Hoyle Speech and Language Services

Serves individuals age birth to 18 years. Accepts private pay. (Age 0-18)
<http://hoylespeechservices.com/>
720 Main St #210, Mount Vernon, WA 98273
(360) 708-1784

ABCD: Access to Baby and Child Dentistry

It connects Apple Health (Medicaid) insured children from birth up to age six with specially-trained dentists in their communities. (Ages up to 12)
<https://www.skagitcounty.net/Departments/HealthFamily/dental.htm>
(360) 899-6208

Newman-Kennedy Speech & Language Center

Serves individuals age birth to 18 years. Accepts private pay (Ages 0-18)
<https://islandhealth.org/our-providers/linda-newman-kennedy-phd-ccc-slp/>
1501 Parker Way UNIT 104, Mount Vernon, WA 98273
(360) 424-9645

Balance Point Physical Therapy Clinic

Orthopedic physical therapy. They develop a program that is specific to you.
<https://www.balancepointphysicaltherapy.com/>
413 Morris Street | La Conner, WA 98257
(360) 466-7458

Kathy Shapiro Physical Therapy

Serves individuals age birth to 18 years. Accepts private pay, insurance, and Medicaid. (Ages 0-18)
<https://npino.com/physical-therapist/1558443317-kathleen--shapiro/>
21339 Swan Rd, Mount Vernon, WA 98273
(360) 428-2030

Skagit Valley Hospital Children's Therapy

Serves individuals age birth to 18 years. Accepts private pay, insurance, and Medicaid. (Ages 0-18)
<https://www.skagitregionalhealth.org/programs-services/rehabilitation/rehabilitation-services/children's-therapy-program>
(360) 424-2699

Valley Kids Therapy

Provides occupational and physical therapy to individuals from birth to 18 years old. Accepts private pay. (Age 0-18)
<https://valleykidstherapy.com/>
1100 Roosevelt Ave, Mount Vernon, WA 98273
(360) 336-3432

Occupational Therapy-Elks Therapist

Home-based services provided by priority, depending on the caseload. Serves individuals age birth to 21 years, with priority 0-3 years old. Services are funded by Elks Clubs.
(360) 293-1309

Within Reach

Private, nonprofit organization working to ensure optimal health for all families in Washington State by connecting them with the programs, resources and information they need to build healthy families. Committed to removing language, socio-economic and access barriers.
www.parenthelp123.org
1-800-322-2588

Planned Parenthood

Information and education on family planning and women's health care services. Website has resources specific to individuals with intellectual disabilities.
www.plannedparenthood.org/mbpp
1805 E College Way, Mount Vernon, WA 98274
(360) 848-1744

Mount Vernon Medical Clinic

Dental, behavioral health, preventive health, maternity support services, homeless program, and a child-care subsidy program for seasonal agricultural workers.
www.plannedparenthood.org/mbpp
1400 N Laventure Rd, Mount Vernon, WA 98273
(360) 428-4075

Skagit County Public Health Department

HIV Testing, Vaccines, ABCD Dental (help finding dental care for children 0-6, Nursing Help
<https://www.skagitcounty.net/Departments/Health>
700 S. 2nd Street, #301 Mount Vernon, WA 98273
(360) 416-1500

Mental Health

Skagit Behavioral Health

Group of independent mental health practitioners that provide assessment and a wide range of therapies for the Skagit community.

<http://skagitbehavioralhealth.com/>

Mount Vernon Behavioral Health Center

Provides mental health and chemical dependency services to children, youth, adults and families.

<https://www.skagitcounty.net/Departments/HealthFamily/teenclinics.htm>

1010 E College Way, Mount Vernon, WA 98273

(360) 542-8920

Northwest Adolescent Counseling

Provides individual and family therapy, primarily related to youth and adolescents.

<https://www.stevemerrittcounseling.com/adolescents/>

850 Hagen Drive, Burlington

North Sound RSN

Improving the mental health and well-being of individuals and families. Outpatient Services are accessed through the centralized access center and are provided to people with a Medicaid mental health benefit and to low-income people as resources are available. All people with Medicaid are entitled to an assessment.

<https://www.dshs.wa.gov/node/8993>

9631 269th St NW Ste 203/204, Stanwood, WA 98292

1-888-693-7200

Little Mountain Counseling

The practice of T. Addelle Diedesch, who provides mental health counseling for adolescents and adults and specializes in pregnant, post-partum, and parenting clients.

<https://www.littlemountaincounseling.com/>

National Alliance on Mental Illness (NAMI)

NAMI Skagit is an organization of families, friends and individuals whose lives have been affected by mental illness. Together, we advocate for better lives for those individuals who have a mental illness.

<https://namiskagit.org/>

2222 Riverside Dr Ste 403, Mount Vernon, WA 98273

(360) 313-7080

National Suicide Prevention Line 988

Suicide Prevention, awareness, and education

<https://988lifeline.org/>

1-800-273-8255

Care Crisis Line | VOA

A Volunteers of America program. Information, referral, and intervention services for adults/children in mental health crisis. Certified 44 peer counselor and mental health professional provide voluntary face-to-face early interventions in homes and community settings for those not currently enrolled with another provider.

<https://www.voaww.org/behavioralhealth>

1-800-584-3578

Catholic Community Services

A faith-based housing assistance organization.

<https://ccsww.org/get-help/mental-health-services/childrens-mental-health/>

Compass Health

We offer individual therapy, family therapy, and group therapy using evidenced-based practices as well as case management services to coordinate with schools, Children's Administration, juvenile justice and other systems that are involved with the particular client.

<https://www.compasshealth.org/location/south-2nd-street-office/>

1100 S 2nd St, Mount Vernon, WA 98273

(844) 822-7609

Sea Mar Mount Vernon Behavioral Health

Assessments, case management, psychiatric medication assessments, and individual, group, and family therapy. Sea Mar offers a sliding fee scale discount, determined by household size and income.

<https://www.seamar.org/skagit-bh-mountvernon-family.html>

2203 Old Highway 99 S Rd, Mount Vernon, WA 98273

(360) 542-8810

Nutrition/Food Resources

Alger Food Bank

Primary Contact: Amy Berryman Distribution Days: 1st & 3rd Tuesdays Hours: 9 a.m. – 2:00 p.m.

algerfoodbank@wavecable.com

18731 Parkview Lane, Alger

(360) 724-5131

Anacortes Food Bank

Primary Contact: Belinda Dye Distribution Days: Tuesday & Friday Hours: Tuesdays: 10 a.m. - 2 p.m. and 4 p.m. – 6 p.m. Fridays: 10 a.m. – 2 p.m.

belindadye53@gmail.com

512 4th St, Anacortes

(360) 293-6445

Bread of Life Food Bank

1st & 3rd Wednesdays, 11 am - 4 pm
59850 Hwy 20, Marble Mount
(360) 873-2504

Community Covenant Food Bank / Love Inc. of Skagit County (Clear Lake)

Call for appointment
<https://www.skagitloveinc.org/>
(360) 419-7061

Concrete Food Bank

Primary Contact: Marty Distribution Days: Apr – Sept 2nd & 4th Thursdays Oct – Mar 2nd, 3rd & 4th Thurs
Hours: 12:00 p.m. – 3:00 p.m.
45942 Main St, Concrete
(360) 853-8505

Hamilton Food Bank

Primary Contact: Ron or Kathy Distribution Days: Tuesdays Hours: 11 a.m. – 12 p.m. & 1 p.m. – 3 p.m.
<https://www.facebook.com/HCFoodBank>
951 Patit St, Hamilton
(360) 826-4090

Helping Hands Food Bank

Primary Contact: Becky Distribution Days: Monday and Wednesday 9 a.m.- 1 p.m. Thursday 12 p.m. – 5 p.m. Friday 5 p.m – 7 p.m.
<https://helpinghandsfoodbank.org/>
9386 Fruitdale Rd, Sedro Woolley
(360) 856-2211

Neighbors In Need

Tuesdays 1pm – 6pm
<https://svneighborsinneed.com/>
1615 South 2nd Street, Mount Vernon
(360) 420-0558

Salvation Army Food Bank

Primary Contact: Paula Distribution Days: Monday & Wednesday Hours: 1 p.m. – 3:45 p.m.
<https://anacortes.salvationarmy.org/>
3001 R Drive #100, Anacortes
(360) 293-6682

Shepherd's Heart Care Center/Food Bank

Primary Contact: Arla Mae Distribution Days: Thursday Hours: 10:30 a.m. – 1:00 p.m. (on 3rd Thursday 11 a.m. – 5 p.m.)
8224 S Main St, Lyman
(360) 424-4927

St Vincent De Paul

Primary Contact: Lynne Distribution Days: Friday Hours: 10 a.m. – 11 a.m.
4001 St Mary's Dr, Anacortes
(360) 293-9821

Tri-Parish Food Bank

Primary Contact: Lila Ortiz Distribution Days: June – August (Wednesdays): 3 p.m. – 6 p.m. September – May (Saturdays) 12 p.m. – 3 p.m.
935 Peterson Rd, Burlington
(360) 757-0128

Barrier Breakers Foundation

Street Outreach

Meal delivery, Homeless Outreach
<https://www.bbfbarrierbreakerfoundation.com/>
(360) 391- 5501

Rec Center/Activities/Clubs

Sedro Woolley Rec Center

A safe space which provides a variety of enrichment and social activities Open from 2:30-6:30 pm M-F (Ages 12-17)
<https://www.skagitymca.org/sedro-woolley-rec-center/>
Ball St, Sedro Woolley, WA 98284
(360) 594-0544

Skagit Valley Family YMCA

Family recreation center. Provides various activities and programs.
<https://www.skagitymca.org/sports/>
1901 Hoag Rd, Mount Vernon, WA 98273
(360) 336-9622

Skagit Kid Insider

Online directory of local activities for kids and families.
<https://skagit.kidinsider.com/>

Skagit County Parks and Recreation

Skagit County Parks and Recreation offers a wide variety of youth sports programs during the year including: Basketball Skills Camp, Boys and Girls S.W.I.S.H. Basketball Leagues, Girls Fastpitch Leagues, Girls Softball Leagues, Tiger Girls Basketball Camp, Boys Baseball and Pitchers Camp, Baseball Hitters Camp, Girls Fastpitch and Pitchers Camp, Hershey Track and Field Meet, Youth Triathlon, and much, much more.
<https://www.skagitcounty.net/Departments/ParksAndRecreation>
1730 Continental Pl, Mount Vernon, WA 98273
(360) 416-1350

Skagit County 4-H Club

A voluntary, informal education program for young people ages 5 - 19.

<https://extension.wsu.edu/skagit/4-h/>

11768 Westar Ln Ste A, Burlington, WA 98233

(360) 428-4270

Boys & Girls Clubs Of Skagit County

a safe, positive, fun place for youth to go during after-school, and summer hours. Fees (Ages 6+)

<https://skagitclubs.org>

3302 Cedardale Rd Suite A-100, Mount Vernon, WA 98274

(360) 419-3723

Swinomish Indian Tribal Community Youth Center

The Swinomish Youth and Community Center provides a variety of opportunities for youth and the general community. These activities include afterschool snacks, study hall with tutors, arts and crafts activities that enhance cultural awareness and creativity.

<https://swinomish-nsn.gov/resources/youth-center.aspx>

17275 Reservation Rd, La Conner, WA 98257

(360) 420-3812

Skagit Talk

Online directory to local events and activities.

<https://skagittalk.com/2020/01/20/20-activities-in-skagit-county-to-try-with-your-kids-in-2020/>

Triumph Teen Life Center

Grades 6-12

<https://www.triumphtlc.org>

2121 E College Way Unit B, Mount Vernon, WA 98273

(360) 755-3267

Youth Dynamics Anacortes

adventure trip opportunities, weekly after-school events/programs, mentoring, discipleship, and retreats.

<https://yd.org/locations/washington/anacortes/>

2410 J Ave, Anacortes, WA 98221

(828) 212-3212

Upper Skagit Indian Tribe

Youth Recreation Program coordinates various recreational and fitness activities for Tribal youth and their families.

<https://upperskagittribe-nsn.gov/departments/recreation-youth-and-adult/>

25708 Coyote Drive, Sedro-Wooley, WA 98284

(360) 854-7038

Mount Vernon Parks & Recreation

Everything from babysitting classes to soccer. Programs change throughout the year.
<https://mountvernonwa.gov/286/Youth-Programs>
1717 S 13th St, Mount Vernon, WA 98274
(360) 336-6215

Children of the Valley

After school program providing academic assistance, enrichment activities, social-emotional learning, and family support. (K-12)
<https://childrenofthevalleymv.org/>
1318 S 18th St, Mount Vernon, WA 98274
(360) 982-2399



Shelters/Housing

Oasis Teen Shelter

Overnight stay, meals, case management, showers, laundry services, clothing closet (Ages 13-17)
<https://www.skagitymca.org/oasis/>
125 N 5th St, Mount Vernon, WA 98273
(360) 419-9058

Northwest Youth Services

Emergency Shelter is for young adults ages 18-24 who need a place to stay immediately. We provide food, a bed, showers, and staff support. (Ages 18-24)
<https://www.nwys.org>
843 S Burlington Blvd, Burlington, WA 98233
(360) 734-9862

Friendship House

Emergency Shelter
<https://www.skagitfriendshiphouse.org>
1002 S. 3rd St. Mount Vernon, WA 98273
(360) 336-6138

Welcome Home Skagit

Provide Peer Support, Advocacy, Emergency Duffle Bag Kits, Other Essential Needs And More.
<https://welcomehomeskagit.com>
P.O. Box 1527, Mount Vernon, Washington 98273
(360) 202-2596

The Anacortes Family Center

The Swinomish Youth and Community Center provides a variety of opportunities for youth and the general community. These activities include afterschool snacks, study hall with tutors, and arts and crafts activities that enhance cultural awareness and creativity.
<https://swinomish-nsn.gov/resources/youth-center.aspx>
17275 Reservation Rd, La Conner, WA 98257
(360) 420-3812

Transportation

Skagit Transit

Youth fare-free rides <https://www.skagittransit.org/youth-ride-fare-free/> (under 18)
<https://www.skagittransit.org/tp/>
600 County Shop Ln Burlington WA 98233
(360) 757-8801

Bike Project

Refurbished bikes for youth and adults in need.
(360) 708-9480

Tutoring

Sylvan Learning Center- Satellite Burlington

Sylvan is a private, franchised learning company that provides one-one-one tutoring in math, English, and other subjects as well as test prep for primary and secondary education students.

<https://locations.sylvanlearning.com/us/bellingham-wa/satellite/80857>

820 Washington Ave, Burlington

(360) 226-2972

Sylvan Learning Center- Satellite Anacortes

Sylvan is a private, franchised learning company that provides one-one-one tutoring in math, English, and other subjects as well as test prep for primary and secondary education students.

<https://locations.sylvanlearning.com/us/oak-harbor-wa/satellite/80858>

1601 R. Ave, Anacortes

(360) 218-7305

MVSD Tutoring Program

The Mount Vernon School District provides free drop-in tutoring at the Kulshan Creek Neighborhood Station Center for any students attending Mount Vernon Schools, K-12.

<https://mountvernonwa.gov/720/MVSD-After-School-Tutoring-Program>

FAE Tutoring Academy

Low-cost private tutoring by bilingual college students for students K-12.

<https://www.skagitfae.org/tutoring-academy>

Burlington Edison School District Tutor List

A list of Skagit count-based tutors and descriptions of subject areas they cover.

<https://www.basd.k12.wi.us/families/tutor-list.cfm>



Undocumented Youth Resources

Northwest Immigrant Rights

Legal services for undocumented individuals and families, DACA clinics too
<https://www.nwirp.org/>
615 2nd Ave, Suite 400, Seattle, WA 98104
(206) 587-4009

Skagit Immigrants Rights Council

Based in Skagit County, the Skagit Immigrant Rights Council provides information about DACA clinics and organizes the information sessions/legal clinics at Skagit Valley College.
<http://www.skagitirc.org/> and skagitirc@gmail.com.

Center for Online Education

This website is divided into a few key sections, such as an explanation of legal rights, including the DREAM Act and DACA, how to find and apply for colleges and financial aid for undocumented students.
<https://www.onlinecolleges.net/for-students/undocumented-student-college-guide/>

Catholic Immigrant Legal Services

Quality legal immigration services for low-income residents of Washington.
<https://ccsww.org/get-help/specialized-services/refugee-immigration-services/>
300 S First Street, Suite C, Mount Vernon, WA 98273
(360) 416-7095

English Language Acquisition at SVC

The ELA department at Skagit Valley College provides low-cost English language instruction in speaking, writing, and reading courses. Standard fee is \$25 per quarter and waivers are available.
<https://www.skagit.edu/academics/areas-of-study/basic-education-for-adults/english-language-acquisition/>
2405 E College Way, Mount Vernon, WA 98273
(360) 416-7600

Immigrant Resources and Immediate Support (IRIS)

Supporting basic needs for newly arrived immigrants: housing, clothing, health
<https://irisnw.org/>
1050 Larrabee Ave, Suite 104 #498, Bellingham, WA 98225
(360) 935-1688

Volunteering Opportunities

Skagit Land Trust

Stewardship events (tree planting, invasive species removal, trail maintenance, etc.), Youth Program at on-site classes.

<http://skagitlandtrust.org/>

1020 S 3rd St, Mount Vernon, WA 98273

(360) 428-7878

Skagit Volunteer Center

An online website of local volunteer activities.

<https://www.skagitvolunteercenter.org/need/>

330 Pacific Pl, Mount Vernon, WA 98273

(360) 416-7585

Skagit Valley Directory

Online directory to local volunteering opportunities.

<https://www.skagitvalleydirectory.com/l/skagit-county/volunteer-organizations>

Youth United (United Way)

Youth United is a program connecting youth to volunteer opportunities in our community.

<https://unitedwayskagit.org/our-work/in-house-programming/viv/>

address

(360) 755-9521

PeaceHealth United General Medical Center

Daily identify units where stresses are high or patient/family care is acute. Ensure quality music through the appropriate selections of songs and tuning of instruments. (Must be 17))

<https://www.peacehealth.org/hospitals/united-general-medical-center/volunteer>

2000 Hospital Drive, Sedro-Woolley, WA 98284

(360) 856-7365

Skagit Foundation for Academic Endeavors

FAE Summer Academy (5-week program) providing enrichment and academic opportunities for low income and at-risk school age children. High School Interns volunteer one to five weeks, Monday through Thursday 9am-3pm with access to school district breakfast, lunch, and transportation. (14+ years old)

<https://www.skagitfae.org/>

(360) 856-7365

Skagit Fisheries Enhancement Group

Projects are based on learning through hands-on activities with opportunities for volunteers in all seasons for restoration of salmon habitat in the Skagit watershed.

<https://www.skagitfisheries.org/>

(360) 336-0172

Children of the Valley

Homework tutor, snack prep, and assisting with enrichment activities. Teens can earn volunteer hours, learn job skills, and give back to the community. (Middle School Age and above)

<https://childrenofthevalleymv.org/>

1318 S 18th St, Mount Vernon, WA 98274

(360) 982-2399

Youth with Disabilities

The Skagit County Developmental Disabilities Program provides a range of supports and services to enhance the lives of Skagit County citizens with developmental disabilities and their families. This guide has information about public, private and non-profit agencies that provide services or resources for individuals with developmental disabilities living in Skagit County. Some of the resources are local to our community, while others are regional or national organizations that may be beneficial to you.

[SKAGIT COUNTY PUBLIC HEALTH: Developmental Disabilities Program Resource Guide](#)

