

# **Oasis Teen Shelter**

**Resource Packet**

**125 N 5th St**

**Mount Vernon, WA 98273**

**Landline: (360) 419 - 9058**

**Hotline: (360) 230 - 0587**

# WELCOME TO OASIS

This packet gives a  
general overview  
of what resources  
you can access



# JOB RESOURCES

## **WorkSource**

Training, resumes, interview skills, job search

<https://worksourcewa.com/>

(360) 416-3600

## **Northwest Career and Technical Academy**

Free technical and professional training

<https://www.nwtech.k12.us/>

(360) 848-0706

## **Northwest Youth Services**

Employment and education services

<https://www.nwys.org/employment-education>

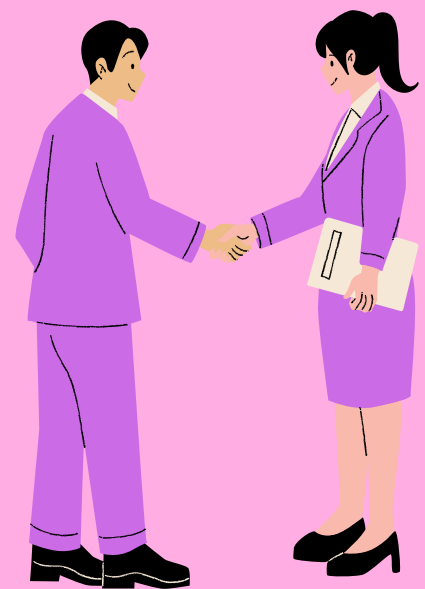
(360) 734-9862

## **Youthnet**

Support with career, educational, and financial planning as well as securing employment

<https://youthnetnw.net/programs-services/independent-transitional-living-skills/>

For program enrollment: [srylaarsdam@youthnetnw.net](mailto:srylaarsdam@youthnetnw.net)



# RESUMES & APPLYING

## **Tips from Skagit Valley College**

Resumes, interviewing, and job search

<https://www.skagit.edu/student-resources/counseling-career-center/career-counseling/>

## **Tips from Western Washington University**

Templets, job search websites, and resources

<https://www.wvu.edu/careers/index.shtml>

## **Job search websites**

[www.indeed.com](http://www.indeed.com)

<https://www.snagajob.com/>



# Housing

Income should be triple your rent for it to be affordable

## Northwest Youth Services

NWYS has a few housing resources for young adults including a shelter, transitional housing, and rapid rehousing

<https://www.nwys.org/skagit-housing>

## Roommate Search

You can look on craigslist, facebook groups, and other websites to help you find a roommate.

## Housing assistance

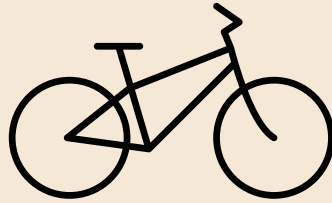
Community Action of Skagit resource center and connections, affordable housing list.

330 Pacific Pl,  
Mount Vernon, WA 98273  
(360) 416-7585

<https://www.communityactionskagit.org/housing-resource-center/>



# Transportation



## Oasis Bikes

Oasis has bikes that youth can use during their stay at Oasis

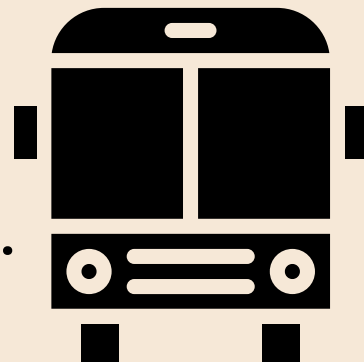
## Bike Project

Refurbished bikes for youth and adults In need  
Ask staff to message Mark for you.

## Buses

Most buses In Washington are free for youth.  
To access a free youth bus pass for Skagit  
county look at the link below

<https://www.skagittransit.org/tp/>



Staff can print you bus  
directions to anywhere

# EDUCATION



## **Open Doors Program - Skagit Valley College**

High school completion

<https://www.skagit.edu/academics/areas-of-study/basic-education-for-adults/skagit-open-doors-program/>

## **Northwest Career & Technical Academy**

Free technical and professional training for high-school-age students

<https://www.nwtech.k12.wa.us/>

## **Mount Vernon Virtual Learning - Aspire Academy**

Online school In Mt Vernon for  
Independent workers

<http://www.mountvernonschools.org/mvvl>

# Financial Wellness

**Securing your future often starts with finances. Get informed and plan ahead!**



## **EVERFI**

Online financial literacy course designed for high school students.

<https://everfi.com/courses/k-12/financial-literacy-high-school/>

## **Khan Academy**

Another online financial literacy course

<https://www.khanacademy.org/college-careers-more/financial-literacy>

## **Financial People Project**

Local financial literacy program for Skagit County residents

<https://unitedwayskagit.org/financialpeopleproject/>



# NEARBY SHELTERS

## Youth Shelters

13 - 17 years old

### **The PAD**

1020 N State St  
Bellingham, WA 98225  
(360) 393 - 0116  
[padinfo@nwys.org](mailto:padinfo@nwys.org)

### **Cocoon House**

3530 Colby Ave  
Everett, WA 98201  
(425) 259-5802

### **Friends of Youth**

Bellevue & Kenmore  
(206) 236-5437

### **YouthCare**

Seattle  
1 (800) 495-7802

## Young Adult Shelters

18 - 24 years old

### **Northwest Youth Services**

HUSLY emergency shelter  
Call NWYS Skagit Office  
(360) 336-1988

### **Ryan's House**

19777 State Rte 20  
Coupeville, WA 98239  
(360) 331-4575



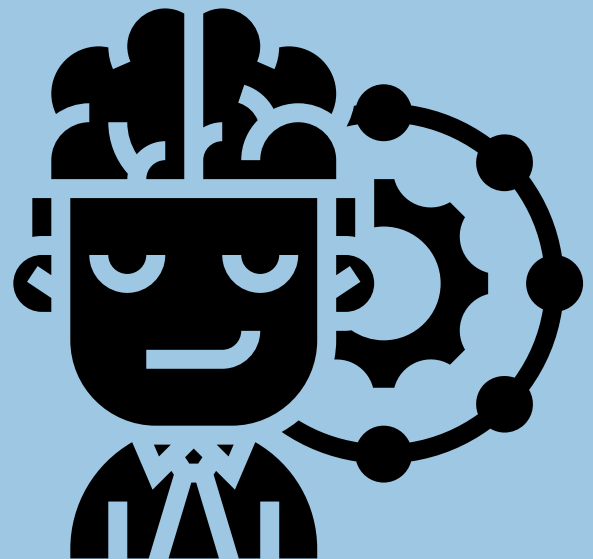
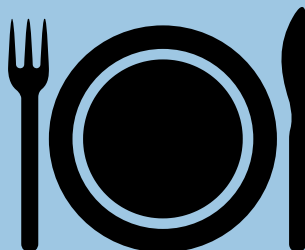
# Job Corps

<https://www.jobcorps.gov/>

Job corps is a FREE program that provides you with job training, housing, medical care, meals, and a living allowance

## **Cascades Job Corps Center**

1950 Northern State Rd      1 (800) 733-5627  
Sedro-Wooley, WA 98284



# YOUTH LEGAL SERVICES

Legal Counsel for Youth and Children (LCYC) provides free legal services for young people who are ages 12-24 and experiencing housing instability.

**If you need an attorney or have legal questions contact the LCYC**

**(206) 494-0323**  
**yhp@lcycwa.org**  
**[lcycwa.org/yhp](http://lcycwa.org/yhp)**

Holly an attorney from the LCYC comes to Oasis every other Wednesday to chat with youth from 4:00 PM - 6:00 PM



## **LCYC can help with:**

- **Benefits**
- **Emancipation**
- **Immigration**
- **Identity theft**
- **Gender marker changes**
- **And more!**



# **YOUTH ACTION BOARD**

***Youth or young adults who have lived experience with homelessness can join the Youth Action Board***

There are two 1.5 hour meetings per month,  
**and you get paid!**

**Contact Emmy Volkar (she/they)  
with questions about meeting  
dates (360) 230-0499 (text/call)  
[e.volkar@skagitymca.org](mailto:e.volkar@skagitymca.org) (email)**



# HEALTHCARE

## **Meet with the Oasis Resource Manager**

To work with your current doctors and Oasis

### **Teen Clinics**

Free pregnancy testing, condoms, birth control, and emergency contraception. Teen clinics also do STD testing.

<https://www.skagitcounty.net/Departments/HealthDiseases/teenclinics.htm>

### **Skagit Valley Hospital**

300 Hospital Parkway, Mount Vernon, WA 98274  
(360) 424-4111

### **PeaceHealth United General Hospital**

2000 Hospital Dr, Sedro-Woolley, WA 98284  
(360) 856-6021

### **Youth privacy rights In healthcare**

<https://www.washingtonlawhelp.org/resource/i-am-under-age-18-can-i-get-health-care-without-an-adults-consent>



# Mental Health



**988** - National suicide call or text line

## **Comprehensive mental health text lines**

<https://www.crisistextline.org/>



## **Compass Health**

Offering open access for walk-in mental health assessments

1100 S 2nd St Mt Vernon, WA 98273

(360) 419-3500

## **Teen Line**

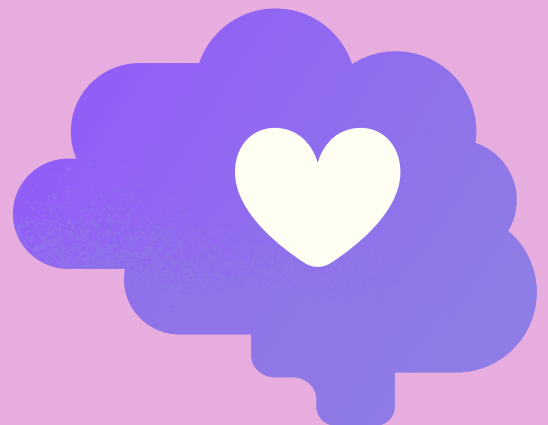
(310) 855-HOPE

Call during 6pm-10pm PST

Text "TEEN" to 839863

TEEN TALK App available for download to receive support from a trained teen

<https://teenlineonline.org/>



# ***Resource Navigation***

**Meet with our Resource Navigator  
Tuesdays - Thursdays  
4:00 PM - 6:00 PM**

**Our resource navigator can help  
connect you with things in this booklet  
and extra resources including:**

- Applications for jobs or programs
- Headphones
- MP3 for night time
- Work clothes
- Personal goals

