

Skagit Valley Family YMCA **GYM SCHEDULE**

Revised 1/23/24 | Gym Closes 15 minutes before the end of business day Schedule is subject to change without notice.

MON

GYM A

- Basketball All Day
- ► AOA Better Balance Class 11:00am-noon

GYM B

- Basketball All Day
- AOA Better
 Balance Class
 11:00am-noon

TUE

GYM A

- Pickleball
 Open noon
- ► Basketball noon 4:30pm
- Jr NBA 5pm 8pm

GYM B

- Basketball Open- 4:30
- Ir NBA 5pm 8pm

WED

GYM A

- Basketball All Day
- AOA Better
 Balance Class
 11:00am-noon

GYM B

- Basketball All Day
- AOA Better
 Balance Class
 11:00am-noon

THU

GYM A

- PickleballOpen 4pm
- Jr NBA 5pm - 8pm
- ► Volleyball 8:15pm - Close

GYM B

- Basketball All Day
- Jr NBA 5pm - 8pm

FRI

GYM A

- Volleyball All Day
- Vouth
 Volleyball
 Drop-in 3-6pm

GYM B

► Basketball All Day

SAT

GYM A

SWISH Basketball (Gymnasium Closed)

GYM B

SWISH Basketball (Gymnasium Closed)

SUN

GYM A

Volleyball All Day

Member Appreciation Sunday 12-4 pm

GYM B

Basketball All Day