



SKAGIT VALLEY FAMILY Y SEPT - OCT SWIM LESSONS

	MONDAYS & WEDNESDAYS	TUESDAYS & THURSDAYS	FRIDAYS	SATURDAYS
	Sept 8- Oct 1	Sept 9 – Oct 2	Sept 5- Oct 24	Sept 6 – Oct 25
Stage A: Water Discovery (6-47 months)			10:40-11:10 AM	8:00-8:25 AM
Stage B: Water Exploration (6-47 months)			11:15-11:45 AM	8:30-8:55 AM
Preschool Stage 1: Water Acclimation (3-5 years)	5:10-5:40 PM 5:45-6:15 PM	4:00-4:30 PM	11:50 AM – 12:20 PM	Shallow Water Class! 8:30-8:55 AM 9:00-9:30 AM 9:35-10:05 AM 10:10-10:40 AM
Preschool Stage 2: Water Movement (3-5 years)	4:35-5:05 PM	5:10-5:40 PM	12:25-12:55 PM	9:00-9:30 AM 10:10-10:40 AM 11:20-11:50 AM
Preschool Stage 3: Water Stamina (3-5 years)	5:10-5:40 PM			9:35-10:05 AM 10:45-11:15 AM
Preschool Stage 4: Stroke Introduction (3-5 years)	4:00-4:30 PM			11:20-11:50 AM
Youth Stage 1: Water Acclimation (6-12 years)	4:35-5:05 PM			10:45-11:15 AM
Youth Stage 2: Water Movement (6-12 years)		5:45-6:15 PM		9:35-10:05 AM 10:45-11:15 AM
Youth Stage 3: Water Stamina (6-12 years)	5:45-6:15 PM	4:35-5:05 PM 5:10-5:40 PM		9:00-9:30 AM 10:10-10:40 AM 11:20-11:50 AM
Youth Stage 4: Stroke Introduction (6-12 years)		4:35-5:05 PM 5:45-6:15 PM		8:15-8:55 AM 9:45-10:25 AM
Youth Stage 5: Stroke Development (6-12 years)		4:00-4:30 PM		9:00-9:40 AM Combined with Stage 6! 11:15-11:55 AM
Youth Stage 6: Stroke Mechanics (6-12 years)				10:30-11:10 AM Combined with Stage 5! 11:15-11:55 AM
Teen & Adult Semi-Private Lessons: Beginning, Intermediate, Advanced (13+ years)	6:20-7:00 PM			
Registration Dates	Y Member Early Access: Aug 8 Open Registration: Aug 16	Y Member Early Access: Aug 8 Open Registration: Aug 16	Y Member Early Access: Aug 8 Open Registration: Aug 16	Y Member Early Access: Aug 8 Open Registration: Aug 16



*Closes Sept 4

*Closes Sept 4

*Closes Sept 4

*Closes Sept 4