



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Conditions of Membership

Effective January 1, 2026

At the Skagit Valley Family YMCA, we are committed to creating a welcoming and safe environment for all members of our community. Please review the following conditions carefully, as they apply to all members and program participants.

1. Access for All

The Y is for everyone. We welcome individuals of all backgrounds and make every effort to ensure no one is turned away due to financial hardship—especially youth. If you need help affording your membership, our **Y for All** financial assistance program may be able to help.

2. Member Health & Assumption of Risk

By joining the YMCA, members confirm that they are in good physical health and understand that participation in fitness activities carries inherent risks.

- Activities may include but are not limited to: group exercise, weight training, swimming, recreational sports, and use of steam rooms or fitness equipment.
- Members agree that the YMCA is not responsible for injuries, illness, or exposure to harmful substances, including but not limited to viruses, bacteria, or other pathogens—whether related to a known or unknown outbreak, pandemic, or cause.



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3. Member Conduct & Facility Use

The YMCA is a shared space built on respect, safety, and inclusion. All members agree to:

- Follow all YMCA policies and procedures.
- Treat others with courtesy and respect.
- Help maintain a safe and welcoming environment.

All members and guests are expected to uphold the YMCA's core values of **care, honesty, respect, and responsibility**. Inappropriate behaviors—such as harassment, aggression, abusive language, theft, destruction of property, or noncompliance with staff instructions—are not tolerated and may result in suspension or termination of membership.

The YMCA conducts regular sex offender screenings on all members, participants, and guests. If a match is found, access to the facility may be revoked.

If you witness or experience behavior that violates these standards, please report it to YMCA staff. Reports are handled promptly, confidentially, and with care.

4. Use of YMCA Facilities for Paid Services

YMCA facilities may not be used for any personal business, including but not limited to:



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- Providing paid personal training, swim lessons, or instruction not authorized by the YMCA.

Only YMCA-employed or contracted staff may provide such services.

5. **Property Loss**

The YMCA is not responsible for personal belongings that are lost, damaged, or stolen on YMCA property or in YMCA programs, including parking areas. Please secure your valuables in provided lockers.

6. **Insurance**

The YMCA does not provide health or accident insurance for members or participants. We strongly encourage all members to maintain their own coverage.

7. **Emergency Medical Treatment**

In the event of an emergency:

- Members authorize YMCA staff or volunteers to administer basic first aid and secure emergency medical services as needed.
- This includes transport to a medical facility and treatment deemed necessary by a healthcare provider.

Acknowledgment



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By becoming a member, you acknowledge that you have read, understood, and agree to abide by the above Conditions of Membership.