



SKAGIT VALLEY FAMILY Y FEBRUARY SWIM LESSONS

	MONDAYS & WEDNESDAYS	TUESDAYS & THURSDAYS	FRIDAYS	SATURDAYS
	February 9th – March 4th	February 10th – March 5th		
Stage A: Water Discovery (6-47 months)				
Stage B: Water Exploration (6-47 months)				
Preschool Stage 1: Water Acclimation (3-5 years)	5:10-5:40 PM 5:45-6:15 PM	4:00-4:30 PM		
Preschool Stage 2: Water Movement (3-5 years)	4:35-5:05 PM	5:10-5:40 PM		
Preschool Stage 3: Water Stamina (3-5 years)	5:10-5:40 PM			
Preschool Stage 4: Stroke Introduction (3-5 years)				
Youth Stage 1: Water Acclimation (6-12 years)	4:35-5:05			
Youth Stage 2: Water Movement (6-12 years)		5:45-6:15 PM		
Youth Stage 3: Water Stamina (6-12 years)	5:45-6:15 PM	4:35-5:05 PM 5:10-5:40 PM		
Youth Stage 4: Stroke Introduction (6-12 years)		4:35-5:05 PM 5:45-6:15 PM		
Youth Stage 5: Stroke Development (6-12 years)		4:00-4:30 PM		
Youth Stage 6: Stroke Mechanics (6-12 years)				
Teen & Adult Semi-Private Lessons: Beginning, Intermediate, Advanced (13+ years)	6:20-7:00 PM			
Registration Dates	Y Member Early Access: Jan 23rd Open Registration: Jan 30th *Closes Feb 6th	Y Member Early Access: Jan 23rd Open Registration: Jan 30th *Closes Feb 6th		