



## SKAGIT VALLEY FAMILY Y APRIL/MAY SWIM LESSONS

	MONDAYS & WEDNESDAYS	TUESDAYS & THURSDAYS	FRIDAYS	SATURDAYS
	April 20 <sup>th</sup> – May 13 <sup>th</sup>	April 21 <sup>st</sup> – May 14 <sup>th</sup>		
Stage A: Water Discovery (6–47 months)				
Stage B: Water Exploration (6–47 months)				
Preschool Stage 1: Water Acclimation (3–5 years)	5:10–5:40 PM 5:45–6:15 PM	4:00–4:30 PM		
Preschool Stage 2: Water Movement (3–5 years)	4:35–5:05 PM	5:10–5:40 PM		
Preschool Stage 3: Water Stamina (3–5 years)	5:10–5:40 PM			
Preschool Stage 4: Stroke Introduction (3–5 years)				
Youth Stage 1: Water Acclimation (6–12 years)	4:35–5:05			
Youth Stage 2: Water Movement (6–12 years)		5:45–6:15 PM		
Youth Stage 3: Water Stamina (6–12 years)	5:45–6:15 PM	4:35–5:05 PM 5:10–5:40 PM		
Youth Stage 4: Stroke Introduction (6–12 years)		4:35–5:05 PM 5:45–6:15 PM		
Youth Stage 5: Stroke Development (6–12 years)		4:00–4:30 PM		
Youth Stage 6: Stroke Mechanics (6–12 years)				
Teen & Adult Semi-Private Lessons: Beginning, Intermediate, Advanced (13+ years)	6:20–7:00 PM			
Registration Dates	Y Member Early Access: April 3rd Open Registration: April 10th *Closes April 17th	Y Member Early Access: April 3rd Open Registration: April 10th *Closes April 17th		